## The Kidz Analyst & Educator

A Monthly Newsletter from the Department of Autism and Behavioral Services



Kidz Therapy Services, PLLC Gayle E. Kligman Therapeutic Resources

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"The best way to get a child to reveal himself...is to befriend the child...And at all times it means respecting children and accepting them for who they are, even as I may try to reshape their behavior into more adaptive patterns."

- James Coplan, M.D. (2010), page 3

## Book Review: "Making Sense of ASD"

James Coplan, M.D., has written a wonderful book that very articulately describes the nature of autism and the myriad of interventions that exist today. The title of the book is Making Sense of Autistic Spectrum Disorders: Create the Brightest Future for Your Child with the Best Treatment Options. It is a 2010 publication, Bantam Books publishing company.

As you can tell by the title, the book is geared towards parents. However, it is also an excellent book for professionals working with children with ASD.

Dr. Coplan presents an empirically-based, objective view of autism. Most importantly, Dr. Coplan dispels many of the myths regarding ASD and autism intervention. He provides parents with a logical,

research-based way of understanding the various therapies and interventions that are available.

For those of you who are currently providing parent training services, especially for parents at the EI and preschool levels, you may want to direct parents to this publication.